

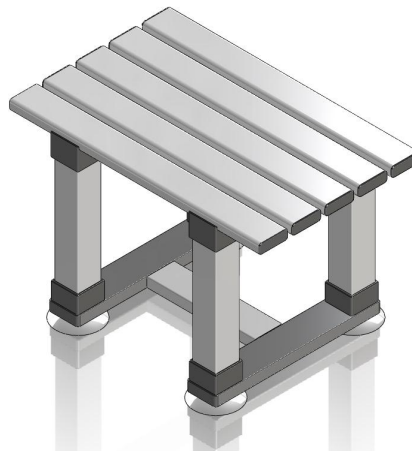
## User Instructions

### NRS Slatted Bath Seat Range

M78419 NRS SLATTED BATH SEAT 6"(150MM)

M78421 NRS SLATTED BATH SEAT 8"(200MM)

M78433 NRS SLATTED BATH SEAT 12"(305MM)



**Maximum User Weight**



#### **General Safety Warning**

**Please ensure these instructions are fully read and implemented.  
Failure to do so may result in injury to the user. Retain in a safe place  
for future reference.**

## **Intended Use**

The NRS Slatted Bath Seat is designed to provide a safe seat for use when bathing. It can be used on its own or in conjunction with NRS Slatted Bath or Shower Boards to assist the user in and out of the bath.

The slatted bath seat is not suitable for use on textured/dimpled bath surfaces.

### **Prior to fitting, please ensure:**

- The user does not exceed the 190kg (30 stones) weight limit
- The bath surface is clean, dry and free from oil or soap residue.
- The correct size of bath seat has been selected for the client.
- Do not stand on the seat.
- Always ensure that the sucker feet are secure before bathing commences.

## **Unpacking**

The Slatted Bath Seat is supplied ready assembled.

Remove the product from its packaging; Check for any sign of damage and that all parts are present. In particular, check the sucker feet are not distorted. If you see any damage, or suspect a fault or missing item, do not assemble the product; contact your supplier immediately.

## **Installation Instructions**

1. Place the Bath Seat in the desired position on the flat base of the bath and push down firmly to ensure that the sucker feet have adhered to the bath surface
2. Ensure that the slats are positioned parallel to the width of the bath and that all sucker feet are secure.

## **Removing**

Before lifting, release the tabs on the sucker feet.

## **Care & Maintenance**

- Check regularly, at least weekly, that the bath seat remains firmly fitted to the bath. Check also for damage and/or wear and tear.
- Remove from use immediately if there are signs of wear or damage or if you cannot achieve a firm, secure fitting in the bath.

## **Cleaning**

- Suitable to withstand industrial cleaning up to 80° C or wipe clean with a soft cloth, moistened with disinfectant solution or cream cleaner. Ensure product is dried fully before storage or re-fitting.
- Do not use abrasive cleaners or cloths to clean or dry any surfaces

## Safe Use of the Slatted Bath Seat

### 6”(150mm) / 8”(200mm) versions

It is recommended that the 6+and 8+Bath Seats are used in conjunction with a Bath Board, for optimum safety. The recommended safe method of using a Bath Board and Seat together is as follows:

1. Start with your feet flat on the floor and your back to the bath
2. Step backwards until you can feel the edge of the bath against the back of your legs
3. Sit on the board and move your bottom back towards the middle of the bath board
4. Lift your legs one at a time over the bath edge, into the bath
5. Move your bottom across the board until you are seated in a central position. You may need to use your arms to lift your bottom and move sideways in small stages

You are now ready to use your arms to lower yourself down on to the Bath Seat

Reverse the procedure for getting out again

### 12” (300mm) versions

1. It is recommended that the safest way to use the 12+Bath Seat is to use the same method as for the 6+8+Bath Seat left (stages 1-4).
2. Reverse the procedure for getting out again.

Please note, this method is only recommended in situations where the top of the bath seat is level with the top of the bath. In other cases, the user should step into the bath (where appropriate) and sit down onto the seat, possibly using a grab rail.

### Still Having Difficulty? Here are some ideas that may help you:

Problem	Suggestion
Difficulty swinging legs over bath edge	Try a manual leg-lifter (NRS Code L33194)
Difficulty getting into position on the board or seat	Try a grab rail, mounted on the wall above the bath. NRS have many different sizes and styles. Call Customer Services for details.
Difficulty reaching down to wash lower legs and feet or up to wash hair or scalp	NRS have a range of long-handled personal grooming aids to assist with this. Call Customer Services for details.

### **IMPORTANT**

For information on how to obtain the User Instructions in other languages and formats for use by people with visual, reading or cognitive impairments, please contact: [info@nrs-uk.co.uk](mailto:info@nrs-uk.co.uk) or telephone 0845 120 4522.

Additional copies of this user instruction are available on our website [www.nrs-uk.co.uk](http://www.nrs-uk.co.uk).

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