

Important Safety Information

Each CareFlex Moving and Handling belt consists of a high quality webbing strap which is padded with various materials according to belt type (see chart). The webbing strap fastens around the front of the client with a side release buckle. The length of the strap can be adjusted by pulling the loose end of the strap through the buckle and tri-glide fitted on the strap. There are control loops sewn onto the belt. These should always be grasped by the carer. The carer must never slide their hand through a control loop.

WARNINGS:

- The client must be able to provide the majority of standing effort. A moving and handling belt is an aid to control movement and stability, not a lifting device.
- Do not use a moving and handling belt to lift a client.
- If you find yourself supporting a load of more than a bag of groceries (10kg), assist the client to a safe sitting position as quickly as possible.
- If a client trips or falls during walking you must be able to let go of the belt and not become involved in the fall as this could lead to both parties being injured. Do not fit your hands or wrists through the control loops.
- If in doubt about any moving and handling procedure CONSULT YOUR MOVING AND HANDLING ADVISOR.

CARE AND MAINTENANCE

Every time before it is used, check the belt for signs of tearing or fraying. Carefully examine the seams to ensure all stitching is intact. Check the buckle and tri-glide for signs of cracks or other damage.

If any materials look damaged or heavily frayed, take the belt out of service immediately.

Do not use a moving and handling belt if it is still damp after cleaning.

Follow the cleaning guidelines on the chart on the front of these instructions.

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The COMFYBELT range User Instructions



These are the user instructions for CareFlex moving and handling belts. CareFlex produce a range of moving and handling belts. These are the Deluxe ComfyBelt, HydroBelt and ComfyKids. Please refer to the chart below for product selection, sizing and cleaning guidelines. Please read these instructions and keep them in a safe place for future reference.

CareFlex moving and handling belts are intended to be used by a carer to assist a client to raise to standing and as they walk. They should not be used as a lifting device.

Moving and handling procedures need to be individually risk assessed for each client. Moving and handling procedures should only be carried out by those who have had proper training. It is the duty of those involved in moving and handling procedures to keep up to date with best practice. Please contact your Moving and Handling Trainer for further details.

BELT TYPE	SIZES	APPLICATION	CLEANING INSTRUCTIONS
Deluxe COMFYBELT	Small(56-81cm) Medium (71-115cm) Large (101-141cm)	Procedures in dry environments if extra security is needed	    
Outer: Heavy Duty woven nylon. Padding: open cell PU foam. Inner: PU anti-slip			
HYDROBELT	Extra Small(37-64cm) Small(56-81cm) Medium (71-115cm) Large (101-141cm)	Procedures in wet areas like bathrooms and swimming pools	    
Outer: polyester jersey. Padding / Inner: latex free neoprene			
COMFYKIDS	37cm-64cm	For the majority of procedures in dry environments	    
Outer: Heavy Duty woven nylon. Padding: open cell PU foam. Inner: PU anti-slip			

NOTE: All belts (except the HydroBelt) can be washed at 71 degrees for three minutes

① The COMFYBELT range

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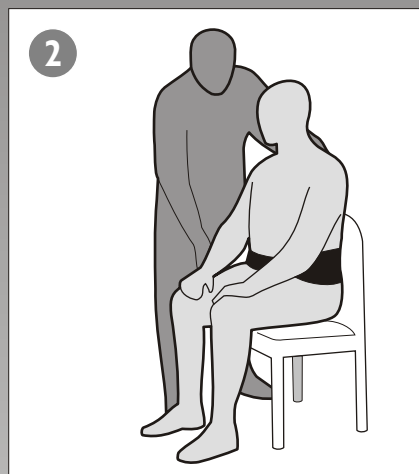
② For assisting a client to raise to standing

Fit the belt and help the client shuffle their bottom to the front edge of the seat.

③

Assist the client into a 'nose over toes' position with both their feet firmly on the floor, one slightly in front of the other.

Stand to the side of the client and avoid twisting your trunk. Bend your knees and grasp the most appropriate control loops on the belt, keeping your trunk as straight and vertical as possible.



④

If the chair has arms, encourage the client to push themselves up from the arms.



⑤

If the chair does not have arms (this should be considered as part of a risk assessment BEFORE the client is sat in a chair without arms) and no discomfort is risked, have the client 'push-off' from their knees and thighs.



⑥

To assist the client whilst walking

Walk at the side of the client, grasping the control loops on the belt with one hand and supporting the client's hand/arm with the other. Avoid leaning over or twisting the trunk.

